How Quantum Technologies May Be Integrated Into Healthcare, What Regulators Should Consider

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1. Introduction: Harnessing Quantum and AI in Precision Medicine

The intersection of artificial intelligence (AI) and quantum technology with precision medicine may pave the way for hyper-personalized healthcare. Potential applications range from developing individualized treatment plans with real-time health monitoring systems powered by AI to enhancing <u>computer-aided drug design (CADD</u>) and targeted drug development workflows using classical-quantum systems. Applications currently explored at the theoretical level include stimulating individual neurons at the single-nanocrystal level and utilizing <u>quantum dots for cancer imaging and drug delivery</u> <u>purposes</u>, could benefit <u>oncology research</u> and lead to treatments for neurodegenerative diseases like Alzheimer's and Parkinson's thanks to these semiconducting nanoparticles ability to overcome the <u>Blood-Brain Barrier</u>.

Indeed, the suite of quantum technologies can be used in or act as medical devices. But what exactly is "quantum technology," or QT?

At its core, QT utilizes quantum physics' unique properties to tackle problems that classical technologies cannot solve with the same breadth, depth, or speed, or an entirely different set of problems that classical computers cannot solve at all. Second generation (2G) QT directly harnesses counter-intuitive quantum mechanical principles and effects such as uncertainty, complementarity, superposition, entanglement, tunneling and energy quantization, to achieve qualitative (more speed and fidelity) and qualitative (novel functionality and capability) advantage over classical technologies. Quantum-classical hybrids are systems that combine elements and physical behavior of both the worlds of the large and the small.

The suite of 2G QT consists of several branches, pillars, or domains - each with different technology readiness levels (TRLs). The main QT domains are computing, sensing, and networking, and each pillar has its own use cases across research areas such as chemistry, or market verticals such as healthcare. For example, <u>quantum sensing</u> significantly improves resolution in medical imaging and precision in laser surgery. Quantum simulation models complex systems, such as molecular behavior and healthcare logistics, with unprecedented accuracy. Quantum computational chemistry accelerates drug discovery processes, analyzing intra and intermolecular interactions between atoms to form new candidate medications at record rates.

As healthcare enters this new era of technology governance, policymakers must learn from past experiences with AI, nanotechnology, nuclear and genetics to responsibly manage the societal impact of quantum and hybrid quantum-classical technologies. AI policy, in particular, has often been reactive:

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the United States federal government implemented its <u>first regulatory framework for responsible AI</u> <u>systems</u> a year *after* ChatGPT's release (and even then with an executive order with much shallower reach than the EU AIA). The Conference on Neural Information Processing Systems also required that <u>researchers discuss the broader societal impacts of their work</u> – an important and commendable step – in *response* to the growing concerns around AI.

While research is in its early stages and the path to applications uncertain, the emergence of Quantum Artificial Intelligence (QAI), geometric Quantum Machine learning (QML with noise-resilient trainability) and quantum-LLMs (QLLM), promise to enhance both the quantitative and qualitative capabilities of agentic, polymathic AI. However, the dual-use nature of QAI – for example gain-of-function research to develop pathogens - amplifies ethical, legal, socio-economic, and policy (ELSPI) concerns, requiring a principled, human-centric approach. When the smallest flaws in autonomous computer code might potentially exacerbate inequality, generate false claims, or hallucinate, robust testing and evaluation are a must. While QAI holds the potential for global benefits, it also presents significant risks, making diligent, proactive adoption essential in the healthcare sector.

2. 2G Quantum Technology Healthcare Use Cases

First generation quantum technologies such as MRI have already had a profound impact on healthcare. 2G quantum technologies that harness quantum mechanical effects offer innovative solutions for diagnosis, treatment, and patient care. The integration of quantum computing, quantum sensing, and quantum communication opens up new possibilities that were previously unattainable with classical technologies, including pathways towards real-time health monitoring.

This section explores various <u>quantum technology use cases in healthcare</u>, incorporating insights from recent research and connecting them to broader initiatives like <u>quantum human-computer interaction</u> (QHCI) and <u>Quantum Sustainable Development Goals</u> (SDG) Use Cases and Societal Beneficial Applications. Second-generation QTs in healthcare can be categorized into functional categories, or QT domains. The following cutting-edge examples and use cases illustrate the potential of quantum technologies in healthcare, categorized by quantum technology domain:

Computing: De Novo Drug Discovery may be aided by quantum computing, in that it could accelerate drug discovery by simulating molecular interactions at the quantum level. This would enhance the prediction of drug efficacy and side effects, leading to the development of more effective and personalized medications. Quantum-enhanced AI might be able to analyze a patient's genetic makeup, lifestyle, and environment to tailor treatments, improving patient outcome. It is possible we would see optimization in Healthcare Operations - Quantum computing algorithms may optimize scheduling for hospitals, clinical trials, nurses, and surgeries. This could increase efficiency, reduce wait times, and improve patient care delivery. Medical Imaging Enhancement (Quantum technologies enhance medical imaging techniques, providing higher resolution and more accurate diagnostics. Quantum computing algorithms could improve MRI data analysis, enabling faster diagnosis and treatment planning, especially for acute conditions like strokes or traumatic brain injuries. Other potential applications might include Protein Synthesis and Genomics (Quantum computing aids in protein folding simulations, crucial for drug design. Understanding protein structures leads to the development of drugs that interact more effectively with biological targets.), Genome Sequencing (Quantum computing drastically reduces the time required for genome sequencing, accelerating the

identification of genetic markers linked to diseases for quicker diagnoses.), <u>Enhanced Diagnostics</u> (Quantum computing enables real-time data analysis, allowing for faster and more accurate disease identification from medical imaging or genetic data.), <u>Genome Sequencing</u> (Quantum computing drastically reduces the time required for genome sequencing, accelerating the identification of genetic markers linked to diseases for quicker diagnoses.), Quantum Hospital Scheduling/Resourcing (real-time insights into hospital staffing/resource needs based on current patient loads and trends, among other innovations), Drug Delivery Purposes (<u>Quantum dots nanotransporters</u> can assist targeted gene and drug delivery platforms in cancer treatments such as <u>cancer molecular targeting</u>).

Simulation: Quantum technologies may help with simulating the Human Body – for example quantum simulations could better model complex biological systems at individual, group, or community levels. This could help in understanding disease mechanisms, predicting epidemics, and designing effective interventions. Quantum may help with Drug Discovery and Development - simulating molecular interactions accelerates the drug development process and improves success rates by predicting drug efficacy and side effects more accurately, as well as Protein Folding for Drug Design - Quantum simulations provide a deeper understanding of protein folding, aiding in the development of more effective drugs. Other potential applications could include Drug Response Platform (predicting how different patient groups will respond to experimental drugs, helping companies better target their medications), Quantum VRSurg (precision surgery training platform that uses quantum sensors for real-time tracking of your movements/complex ops), and NeurSIM (modeling mechanics between neurotransmitters, synaptic transactions, electrical stimulation to developed targeted therapy for neurological disease).

Cryptography: One potential quantum application in this space would be Quantum-Safe Patient Data Sharing and Storage - using Quantum encryption methods secure patient medical data, ensuring privacy and compliance with regulations like HIPAA and GDPR. Quantum Key Distribution (QKD) leverages the principles of quantum mechanics to generate and distribute encryption keys that are theoretically immune to eavesdropping. This technology could provide secure channels for transmitting sensitive health information, safeguarding it from unauthorized access and potential breaches. Additionally, Quantum Secure platforms utilize post-quantum cryptography (PQC) to protect human identity, adding an extra layer of security to patient records.

Sensing: In this domain we may see Real-Time Health Monitoring in the form of Quantum technologies enabling real-time health monitoring through advanced sensing capabilities. Quantum sensors provide unprecedented precision, allowing for continuous monitoring of vital signs and early detection of anomalies. This might facilitate proactive healthcare interventions and personalized treatment plans. Precision Laser Therapy presents a different possible opportunity, where Quantum sensor-controlled lasers offer targeted treatments with minimal damage to surrounding tissues. Quantum sensors may also enable <u>Real-Time Genome Sequencing</u>. Other applications might include <u>Entangled Vision for</u> <u>Retinal Diagnostics</u> (Quantum probes improve retinal imaging, enabling early detection of eye diseases.), Improved Raman Spectroscopy (Optical metamaterial single-photon detectors enhance Raman spectroscopy, beneficial for clinical pathology).

The unique characteristics of quantum driven healthcare innovations present quantum-specific regulatory challenges. The next sections will discuss these challenges in both the EU and the US in more detail.

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3. EU Legal Requirements for Quantum-Powered Medical Devices

In the European Union, quantum-infused medical devices that incorporate AI, classical data, and quantum systems are subject to a complex web of overlapping regulatory frameworks. These include sector and product specific legal frameworks, as well as technology-specific regulations for AI and use of data. Currently, there is no specific regulation pertaining to the development and use of quantum technology in healthcare. There is, however, a <u>European Declaration on Quantum Technologies</u>, with which the signatory Member States simply acknowledge the importance of this upcoming technology.

As a result, a quantum-powered medical device would primarily need to comply with Regulations (EU) 2017/745 on <u>Medical Devices</u> and possibly 2017/746 on <u>In vitro Diagnostic Medical Devices</u>. The <u>EU AI</u> <u>Act</u>, the proposed <u>EU AI Liability Directive</u> (a draft framework for civil liability laws that would enable anyone to sue and claim damages for harm brought on by AI systems) and a range of laws under the <u>European Strategy for Data</u>, such as the <u>Data Governance Act</u> may play a limited role as well.

In practice, obtaining a <u>Conformité Européenne (CE) mark</u>, confirming compliance with EU regulations, remains a slow process, hindered by the limited availability of Notified Bodies with expertise in AI and quantum technologies.

Multidisciplinary teams could utilize <u>Technology Assessment</u> tools such as <u>QIA</u>, <u>EQTA</u>, and <u>FURM</u> (Foresight, Understanding, and Response Matrix), to navigate legal complexities related to quantum technologies. These tools should be tailored to the technology, subject matter, and industrial vertical. However, while self-assessment can play an important role, adequate and independent surveillance by competent authorities shall remain necessary to warrant compliance with applicable legislation.

4. US Legal Requirements for Quantum-Powered Medical Devices

In the United States, some quantum-powered medical devices may be governed the existing FDA regulatory framework. Depending on the device this might include good laboratory and clinical practices, registration and device listing, labeling, and post-market surveillance are likely governed by multiple regulatory bodies, each imposing its own set of requirements. In some instances, the FDA's Regulatory Framework for AI/ML-Based Software as a Medical Device (SaMD) may also apply.

Some quantum-powered medical devices may also be governed by multiple other statutes and/or regulatory bodies, each imposing its own set of requirements. These might include the Health Insurance Portability and Accountability Act's (HIPAA) privacy and security rules, the Federal Trade Commission (FTC) Regulations, the International Medical Device Regulators Forum's (IMDRF) framework for risk categorization, and international standards like ISO 13485 and the IEC 60601 series. Moreover, import and <u>export controls</u> may apply.

Given the novel nature of quantum technologies, manufacturers should engage with the relevant agencies early in the development process to clarify regulatory expectations and ensure compliance with all applicable laws and regulations.

The regulatory landscape in the US is dynamic, with recent cross-sectoral developments like the <u>National Security Memorandum</u> on quantum computing and the <u>National Quantum Initiative</u> reflecting the government's active focus on quantum technologies.

5. Quantum-specific Considerations in Medical Device Regulatory Oversight across the Atlantic

While these differences in the regulatory oversight model apply broadly to medical devices—including those integrating artificial intelligence (AI)—the emergence of quantum technologies introduces distinct considerations that might challenge *each* regulatory oversight regime in distinct ways based on its respective design. Quantum devices leverage principles of quantum mechanics to deliver novel capabilities in imaging, diagnostics, computing, and sensing. Operating on fundamentally different physical principles than classical or AI-driven technologies, these devices are complicating the assessment of safety and efficacy with implications for regulatory learning and building expertise within and across oversight bodies. It is possible that current <u>standardized compliance norms</u> are insufficient to address quantum-specific risks and challenges, such as specific data security concerns.

Data security may be particularly at stake because quantum technology has the potential to disrupt existing encryption methods. The day that a cryptographically relevant quantum computer breaks classical RSA (Rivest-Shamir-Adleman) and ECC (Elliptic-curve cryptography) encryption -which underpin much of today's data security infrastructure- using Shor's or Grover's algorithm, is known as <u>Q-Day</u>. In the context of healthcare and medicine, this development could have profound implications for data security, patient privacy, medical device integrity, and overall trust in health information systems. Q-Day may impact healthcare and medicine as follows:

1. Compromise of Patient Data Privacy and Security: Healthcare organizations store vast amounts of sensitive patient data (Protected Health Information (PHI)), including medical histories, genetic information, and personal identifiers. This data is often protected using encryption methods like RSA. Quantum advances that compromise RSA encryption may lead to data breaches and may strain the HIPAA regime itself.

2. Vulnerability of Medical Devices and Systems: Medical Device Security: Many medical devices, especially implantable ones like pacemakers and insulin pumps, rely on RSA encryption to secure wireless communications and software updates. If RSA encryption is compromised, attackers could potentially intercept data or send malicious commands to devices, endangering patient safety.

3. Threats to Telemedicine and Remote Patient Monitoring: Telemedicine platforms and remote monitoring systems depend on RSA encryption to secure patient-doctor communications. Breaking RSA could lead to unauthorized access or alteration of medical data transmitted over networks, compromising clinical decisions. Fear of data breaches could discourage patients from using telemedicine services, hindering access to care.

4. Impact on Electronic Health Records (EHRs) and Health Information Exchanges (HIEs): Electronic health records are encrypted to prevent unauthorized access. A breach could expose sensitive health data, perhaps even on a massive scale. Health Information Exchanges rely on secure data sharing between institutions. Breaking RSA encryption could disrupt these systems, affecting interoperability and coordinated care.

5. Legal, Financial and Insurance Implications: Organizations may be required to notify patients and authorities of breaches, leading to reputational damage. Breaches can result in significant financial penalties, legal fees, and costs associated with remediation and system upgrades. Cybersecurity insurance policies may not entirely cover breaches resulting from known vulnerabilities given quantum

advancement, increasing financial exposure. Known vulnerability clauses necessitate alertness in retaining appropriate security arrangements to preserve insurance cover.

6. Research and Intellectual Property Concerns: Academic and pharmaceutical research data protected by RSA encryption could be exposed, leading to loss of intellectual property and competitive advantage. Unauthorized access to clinical trial data could compromise study results and patient confidentiality, breaching clinical trial integrity.

7. Supply Chain, Pharmaceutical Manufacturing and Counterfeiting Issues: RSA encryption secures communications and transactions in the pharmaceutical supply chain. Breaking encryption could allow counterfeit medications to enter the supply chain, posing health risks.

8. Cloud-Based Healthcare Services and Data Center Vulnerability: Many healthcare providers use cloud services secured with RSA encryption. Cloud service providers would need to upgrade their encryption methods, impacting service availability and reliability.

9. Impact on Financial Transactions and Healthcare Billing: Financial transactions and billing information use RSA encryption for security. Breaking encryption could lead to financial fraud and theft, affecting both providers and patients.

Preventing Q-Day from disrupting healthcare and overall society requires ecosystem-level upgrades for data handling and privacy protection. Proactive measures, including transitioning to quantum-resistant encryption methods, modernizing infrastructure, and enhancing staff awareness, are essential to mitigate these risks. These transitions are resource intensive and logistically challenging as new algorithms may not be compatible with legacy systems and devices. Collaboration among healthcare providers, technology vendors, regulators, and industry groups will be crucial in navigating this transition and ensuring the continued security and reliability of healthcare services in the quantum era.

As stated earlier and exemplifying QTs inherent dual use character, QKD and PQC can also be used as privacy enhancing technique (PET), creating secure data transmission and quantum-safe patient files.

6. Key Issues Facing Quantum Medical Devices Across Regulatory Regimes

Given the fundamental nature of the challenges, the quantum-specific challenges also require novel strategies *across* regulatory regimes. In the EU, the MDR provides a comprehensive framework for medical devices, focusing on safety and performance. The MDR will likely apply to some quantum powered medical devices and if it does, the MDR's risk classification system will apply. At present, the MDR does however not offer tailored guidance for quantum technologies, potentially creating uncertainty for manufacturers. This lacune may need to be addressed by the EC in the future.

In contrast, the FDA's centralized structure may facilitate a more responsive approach to quantumspecific regulatory needs. It regulates and evaluates medical devices based on their intended use and risk classification. It is unclear whether FDA should be thinking of quantum as a distinct regulatory category. As of now the FDA does not have distinct categories solely for quantum medical devices (they are integrated into existing categories based on application), but the FDA has already issued guidance on <u>AI/ML-based SaMD</u>, among other guidances, which could be relevant for some quantum devices. If FDA decided to consider doing more quantum-specific forms of regulation, potential novel quantum medical device (sub)categories could be in vitro diagnostic devices (IVDs) like quantum biosensors

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utilizing quantum dots or other quantum phenomena to detect diseases at much earlier stages by identifying minute concentrations of biomarkers, quantum mass spectrometers that provide ultra-high-resolution analysis of molecular compositions, and <u>Quantum-enhanced Brain-Computer Interfaces</u> (BCIs) that offer faster and more accurate translation of neural signals into commands for prosthetics or computers. One idea could be to establish Pre-Submission Engagement for Quantum: Manufacturers developing quantum medical devices should engage with the FDA early through the <u>Q-Submission</u> <u>Program</u> (note that the Q does not refer to quantum) to determine the appropriate regulatory pathway.

Across the Atlantic, regulators (and here we mean not just drug and device regulators but a broader swath) may need to upgrade existing regulations and practices vis-a-vis the emergence of quantum medical devices to address several key issues, including:

(1) Developing evaluation protocols that recognize the unique behaviors and outcomes associated with quantum phenomena, such as <u>quantum theory providing explanations for subtle DNA changes</u>. For instance, quantum technologies may influence biological processes at the molecular level, such as affecting DNA replication or repair mechanisms in ways that classical physics cannot explain. These unique interactions require specialized assessment methods to ensure safety and efficacy, which may not be fully addressed by existing FDA regulations focused on traditional devices and therapies.

(2) Enhancing risk management frameworks to account for the inherent unpredictability of quantum effects, especially those in <u>near-term applications</u> such as quantum simulation of drug metabolism, necessary for novel drug development.

(3) More generally, setting interoperability standards that ensure quantum devices can integrate seamlessly with existing healthcare systems. While <u>AI-focused frameworks</u> such as the <u>FDA's Software</u> <u>as a Medical Device (SaMD) criteria</u> offer a starting point, they may not adequately support the commercialization of multi-functional quantum devices, highlighting the need for more flexible regulatory strategies.

One might, fairly, question whether quantum devices will be more unpredictable than many other things in terms of medicine and whether it is truly necessary for regulators to establish <u>clinical trial</u> <u>guidelines</u> tailored to the distinct nature of quantum devices, as there is limited precedent for their evaluation. Quantum technology in medicine may require different approaches in clinical trials for myriad reasons, such as unprecedented biological interactions that are not yet fully understood; ethical and safety risks concerning unknown long-term effects of exposure to quantum devices or materials such as quantum dots and nanoparticles on human health; manufacturing and reproducibility concerns due to variability in quantum effects; unique measurement challenges and the need for new clinical trial endpoints; financial and infrastructural demands unique to quantum technologies; and informed consent challenges due to complexity of information since explaining quantum mechanisms to clinical trial participants in a way that is understandable yet accurate can be challenging. At the present moment, we do not think there is a clear consensus on the answer to the question. We do think, however, that this is the right time for regulators, academics, industry, and civil society to thoughtfully consider the matter and what the implication of different answers would yield for regulatory guidance.

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7. A Comprehensive Approach to Quantum-specific Regulations of Medical Devices

Imagine one was convinced that we needed a comprehensive future approach to quantum-specific regulations of medical devices. What might it look like? The details matter, but at a fairly high level we imagine it could combine ex-ante, ex-durante, and ex-post elements that are familiar from existing regulations, but address quantum-specific challenges.

1. Ex-Ante (Pre-Market Regulation):

Establishing <u>Regulatory Sandboxes for Quantum-AI Devices (RSQAD)</u> could enable developers to test their quantum technologies under regulatory supervision. Linked with specialized innovation hubs, these sandboxes would provide a controlled environment for assessing safety and efficacy before broader market deployment. This approach would support the development of rights-respecting technical standards linked to certification, verification, and performance benchmarking, thus balancing risk control with the promotion of innovation.

2. Ex-Durante (Ongoing Regulation):

Regulators in the EU and US, including not limited to the FDA and the European Commission must evolve their frameworks to accommodate quantum complexities. For example, existing frameworks generally require evidence for each diagnostic function—meaning each application per device undergoes its own review, similar to the approach in molecular imaging. Such frameworks may need adjustments to support innovative quantum technologies with multiple capabilities, allowing for regulatory assessment of the multimodal device as a whole.

Establishing specialized subcommittees, such as those under the U.S. National Quantum Initiative advisory committee, consisting of experts in specific quantum fields, could help address ELSPI considerations. These subcommittees could propose standards, <u>conduct compliance audits</u>, and enforce penalties or recalls. The EMA- in its role as monitoring agency for the safety of pharmaceutical products has started to think outside the box by launching <u>pilot program providing scientific advice on specific medical devices</u>. Perhaps the EMA could expand its role to effectively oversee quantum medical technologies as well. With time the EMA could evolve into a knowledge center for quantum-specific regulatory insights pertaining to healthcare.

3. Ex-Post (Post-Market Oversight):

Implementing a <u>centralized registration database for quantum-AI medical devices</u> could facilitate regulatory oversight by tracking the evolution of these technologies and enabling healthcare providers to make informed device selections. Such a database would also support transparency, accountability, and market monitoring, helping regulators address emerging risks in a timely manner.

Regulatory frameworks must strike a balance to avoid stifling innovation while ensuring public safety. In the absence of regulatory guidance, companies might fill the gaps by way of industry self-regulation. This may not be sufficient given the potential risks associated with quantum technologies, such as breakthroughs in encryption breaking. As quantum-AI healthcare regulation evolves globally, it's critical to consider the regulatory landscapes in various countries. For example, <u>China's centrally planned economy</u> requires government oversight for innovation, which creates a different regulatory environment compared to the US or EU. In contrast, the US approach, characterized by market-driven innovation, and the EU's ethics based regulatory frameworks offer lessons in balancing innovation with regulation. The EU should understand that more regulation in the name of the precautionary principle isn't always better to give innovative healthcare firms the necessary space to breathe. Each region has distinct healthcare practices and regulations, but cross-border learning and adaptation can enhance our systems and values.

Harmonization efforts through international standardization bodies like ISO and IEC will be essential for consistent quantum-specific regulations across regions. Our recommendation includes to align solutions with existing <u>Healthcare Quality Management Systems (QMS)</u>. Not so much about approval of drugs and devices but more about healthcare delivery, QMS ensure that healthcare organizations meet consistent quality standards as well as legal requirements. Perhaps the EMA and FDA – being centralized authorities for pharmaceuticals and biologics – might offer more resources as knowledge centers for AI and quantum in healthcare, similar to a patent office, to centralize expertise and streamline innovation. Last not least, existing data protection frameworks such as the EU's GDPR and US laws like HIPAA will need updates to address the specific threats posed by quantum technology to data privacy.

By tackling these quantum-specific regulatory challenges, stakeholders can ensure that the transformative potential of quantum medical devices is harnessed safely and effectively. Regulatory authorities, manufacturers, healthcare providers, and the public must work together to update frameworks, develop specialized expertise, and create new harmonized evaluation standards to responsibly integrate quantum technologies into the healthcare sector.

8. Policy Recommendations: Balancing Innovation and Regulation

The use cases listed in this commentary showcase the immense potential of quantum technologies in healthcare, yet also highlight the need for appropriate regulatory oversight. Since many of these applications are in the (clinical) research phase, proactive policy development is crucial to ensure safe and ethical implementation.

To avoid overregulation while ensuring safety and efficacy, we propose a brief set of guiding principles for healthcare policymakers, which are meant to be a starting point for more in-depth discussions about the complex subject matter at hand. To realize the benefits of quantum driven, personalized healthcare responsibly, it's essential to:

- 1. Promote Quantum Literacy: Policymakers must be educated in quantum technologies to understand the implications and opportunities fully.
- 2. Anticipate Societal Impact: Policies should be forward-looking, anticipating the societal impact of quantum-AI technologies to prevent ineffective interventions.
- 3. Implement RQT Frameworks Tailored to Healthcare: Establish quantum technology guidelines that prioritize patient safety, data privacy, and equitable access.
- 4. Effectuate a Standards-first approach: Carry out a standards-first approach that prioritizes quantum technology standard setting, certification, benchmarking and verification efforts over sweeping, cross-sectorial regulation.

- 5. Adopt Ex Ante, Principles-Based Regulation: embrace a light weight, forward-looking regulatory approach to guide the development of quantum technologies, emphasizing principles such as safety, efficacy, privacy, and equity. Such quantum-specific regulations ought be surgical, and flexible in the sense that they can adapt to technological advancements without hindering innovation. They should be proactive in the sense that they address potential risks before they materialize.
- 6. Employ Adaptive Regulations: Update existing regulatory frameworks to address the unique challenges posed by quantum technologies. Build in agility and flexibility by utilizing modular approaches and regulatory sandboxes.
- 7. Avoid Regulatory Fragmentation: Harmonizing technical interoperability standards and regulations across jurisdictions will prevent a fragmented landscape that could hinder QMS workflows, regulatory compliance and essential healthcare innovation.
- 8. Foster Institutional Plasticity: The healthcare sector already has robust regulatory frameworks, including the Food and Drug Administration (FDA) (Oversees medical devices and therapeutics in the United States), the European Medicines Agency (EMA) (Regulates medicinal products within the European Union), and Quality Management Systems (QMS) (Ensure that healthcare organizations meet consistent quality standards.) These institutions should evolve in interdisciplinary settings to accommodate quantum technologies, ensuring that innovations comply with safety and ethical standards.
- 9. Encourage Collaboration: Foster partnerships between researchers, policymakers, industry, and healthcare providers.
- 10. Long-term Thinking: Consider future generations in current innovation decisions.

In sum, healthcare policymakers must become more AI and quantum-literate to effectively optimize the risk/benefit curve of transformative technologies. This approach will support a pro-innovation stance while mitigating the risks of uninformed policy decisions that could adversely affect all stakeholders in the healthcare ecosystem, from doctors and patients to quantum technology-driven healthcare innovators.

9. Conclusion

Quantum technologies hold the promise of transforming healthcare through advanced diagnostics, treatment and real-time heath monitoring, personalized medicine, improved clinical research, secure data management, and enhanced virtual experiences. By integrating quantum computing, sensing, and communication, we can unlock new frontiers in medical science and patient care.

As quantum technology and AI continue to converge, the healthcare sector stands on the brink of unprecedented advancements. However, with this potential comes the responsibility to guide these technologies toward beneficial outcomes while mitigating risks. By fostering global collaboration, setting harmonized quality and interoperability standards, aligning regulations with existing frameworks, and ensuring that policymakers are well-informed, we can harness the power of quantum-AI for the betterment of healthcare worldwide.