

# Andalusia and Heraklion/Crete collaborate for the transfer of innovation of digital solutions supporting Palliative Care. A WE4AHA twinning exercise

By Christos Lionis MD PhD FRCGP(Hon) FESC FWONCA  
Professor of General Practice and Primary Health Care

School of Medicine

University of Crete, Greece



Junta de Andalucía  
Consejería de Salud y Familias  
FUNDACIÓN PROGRESO Y SALUD  
Fundación Pública Andaluza Progreso y Salud  
Dirección Fiscal y Postal:  
Avd. Américo Vespucio nº 15, Edificio S-2  
C.P. 41092 SEVILLA

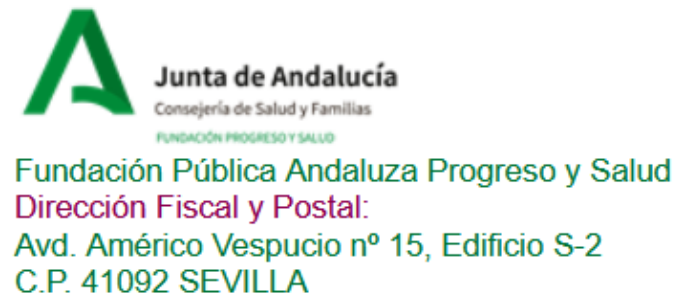


European Innovation  
Partnership on Active  
and Healthy Ageing

# Acknowledgements

My first words are dedicate to:

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- The coordinator and the consortium of the VIGOUR project for inspiring discussions.
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# Outline

- To offer a short overview in relation to the objectives, concrete plan, the anticipated benefits and the new opportunities, the outcomes and the “vision” of this twining
- To present this scale-up approach as it has been initially planned
- To report the actions that they have been undertaken and those remained to be implemented
- To summarize the next steps

# Twinning activities of Andalusia and Heraklion Crete- The agreement-The overall aim and the objectives



EIP on AHA twinnings support scheme 2020

Twinning Final Report on the twinning activities  
of Andalusia as originator and Heraklion/Crete as adopter

- The main aim is to support the shared decision at the practice level making with emphasis on communication skills including compassion and motivational interviewing.
- It would be facilitated by transferring available digital solutions and standardized tools for implementation and evaluation.
- The feasibility of the transferring of this learning experience and tools would be assessed.
- In addition, the prepared information and teaching material would be tested in terms of feasibility and utility in the undergraduate medical setting and in the vocational training of general practitioners in Crete.

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# Twining activities of Andalusia and Heraklion Crete- The agreement-The initial plan



EIP on AHA twinnings support scheme 2020

Twining Final Report on the twinning activities  
of Andalusia as originator and Heraklion/Crete as adopter

1<sup>st</sup> step: To translate, adopt and disseminate information and teaching material to Crete

2<sup>nd</sup> step: To assess the relevance, feasibility and acceptance at the local setting (University students, GP trainees, primary care providers).

3<sup>rd</sup> step: To adopt the developed digital solutions based on above and assess feasibility and acceptability by practitioners and patients

4<sup>th</sup> step: to synthesize the acquired knowledge and explore some additional dissemination activities and future opportunities for collaboration between the two regions.

# Twining activities of Andalusia and Heraklion Crete- The agreement-Methodologies proposed



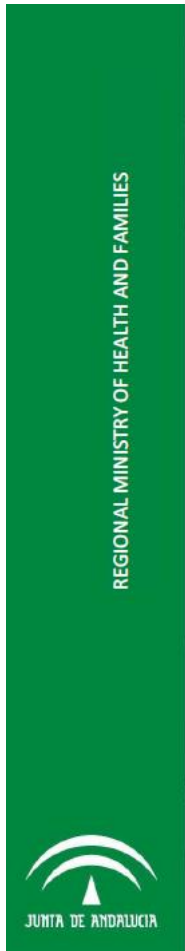
EIP on AHA twinnings support scheme 2020

Twining Final Report on the twinning activities  
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We were thinking in using:

- both qualitative and quantitative methodologies,
- focus groups and pre-tested questionnaires before and after the implementation in the target groups (students, trainees, practitioners).
- To be adapted to the COVID-19 situation

# The 1<sup>st</sup> step: To translate, adopt and disseminate information and teaching material to Crete



Palliative Care

Integrated Care Process

ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ ΚΑΙ ΟΙΚΟΓΕΝΕΙΑΣ ΤΗΣ ΚΥΒΕΡΝΗΣΗΣ ΤΗΣ ΑΝΔΑΛΟΥΣΙΑΣ

Παρηγορητική Φροντίδα

Διαδικασία Ολοκληρωμένης Φροντίδας



PALLIATIVE CARE MANAGEMENT PLAN 2020-2022

ΣΧΕΔΙΟ ΔΙΑΧΕΙΡΙΣΗΣ ΠΑΡΗΓΟΡΗΤΙΚΗΣ ΦΡΟΝΤΙΔΑΣ 2020-2022

January 2020

Antonio Llergo Muñoz

Coordinator of the Andalusian Palliative Care Plan.

Ιανουάριος 2020

Antonio Llergo Muñoz

Συντονιστής του Σχεδίου Παρηγορητικής Φροντίδας Ανδαλουσίας.

## **2<sup>nd</sup> step: To assess the relevance, feasibility and acceptance at the local setting**

### **What we achieved**

- Medical students: high acceptance and one day course on palliative care has been developed and tested in the medical curriculum (academic year 2020-21)
- GP trainees: A focus group has been formed and discussed the relevance and feasibility. A proposal for a practical guidance has been made.
- Citizen: It remains to be tested.

### **Our initial assumptions**

We can estimate:

- more than 50 medical students at the last academic year,
- 20-30 GPs in vocational training in two training groups in the Heraklion city, and
- more than 100 citizen with a severe illness at the Heraklion city.



## **3<sup>rd</sup> step: To adopt the developed digital solutions based on above and assess feasibility and acceptability by practitioners and patients**

- It is under discussion with the Regional Health Authorities (7<sup>th</sup> YPE). The translated “Palliative Care Management Plan 2020-22” has been used a model to guide the planned activities.
- An initial decision to promote the creation of a Department of Palliative Care within the Urban Health Centre of Heraklion
- The development of digital solutions is one of the issues that they have been included in the agenda to be discussed.

## **4<sup>th</sup> step: to synthesize the acquired knowledge and explore some additional dissemination activities and future opportunities for collaboration between the two regions**

Several ideas and proposals for implementation in the spring 2020:

- (a) To arrange joint educational activities for the medical students.
- (b) To develop E-learning activities for the use of medical students and GPs in vocational training
- (c) To prepare a joint proposal to the Regional Health Authorities for a pilot implementation study in two primary care units in urban Heraklion.



**Many thanks for your  
attention**