

## Q&amp;A

## 1. How do Action Groups/Forums work?

The Active and Healthy Living in the Digital World forum in Futurium was designed to accommodate stakeholders in this field of expertise, mainly members from the EIP-AHA community. From the end of 2020 their old website has been archived generating a need to migrate the network to a stable platform – futurium. The IN-4-AHA/Futurium Action Groups are semi-informal communities of stakeholders uniting efforts to tackle varying issues under the topic of active and healthy ageing/living. Members from research and academia fields work together with decision makers, the industry, and user representatives to develop good practices and innovations. By enrolling in an Action Group, participants have the chance to network, learn and improve in collaboration with their colleagues. Futurium plays a role as place to post and publicize their work: best practices, policy/funding opportunities, events, and news. All contributions are made on a voluntary base, and every member can publish at any given time.

## 2. How do I choose a forum/Action group?

You do not necessarily need to choose one. You can post your work in the most thematically appropriate forums to assure that they reach their target audience. Some members may have the need to use more than one forum, based on their interests. There are 6 action groups/forums: Wellbeing and health promotion; Ecosystems and deployment; International cooperation; Silver economy and Health tech; Age friendly environments and Digital health literacy. All of them have an **About** section where the overall vision for the forum is expressed. In summary:

**Wellbeing and health promotion** for supporting/hosting specific discussions and work on people-centred digitally enabled health and care and well-being promoting tools and mobile devices.

**Ecosystems and deployment** focus on the work, achievements, and challenges of European local, regional, national and cross-border digital health ecosystems.

**International cooperation** aims to disseminate related knowledge and experience, as well as to promote exchange of best practices and cooperation on addressing the challenges related to active and healthy living and ageing with digital technologies on international level.

**Silver economy and Health tech** is particularly dedicated to discussions, work, strategies, and concrete recommendations on how to further develop Europe's Health- and AgeTech sector, attract investments and develop a sustainable Silver Economy.

**Age friendly environments** will foster awareness and support to the creation and implementation of smart, healthy indoor and outdoor environments for present and future generations that will enable citizens to learn, grow up, work, socialise and enjoy a



healthy life, by benefiting from the use of digital innovations, smart living, working and accessibility solutions and shared assistive models adaptable within the European setting.

**Digital health literacy** is dedicated to work and exchanges on digital skills for the Health workforce, and end users/patients.

### 3. What is the type of content expected to be submitted?

Best practices, library items, events, and news.

**Best practices** are innovations, management practices, training programs and other initiatives of proven scientific, medical, and social value in the field of AHA. They should be posted according to the following guidelines: Length – 10 lines; TRL level of the developed solution; where, by whom and how the solution has been created, tested, and deployed; link to full information, video, or other graphic material.

**Library** is the place to post about relevant policies, strategies, scientific evidence, and funding opportunities. If your organization is organizing a call of any sorts, looking for partners to join a tender or has access to a funding program that might benefit other members, this is the place to post it!

**Events** is the place to promote activities going on your organization. Are you organizing a webinar, a conference, a course, or any type of project where you want to engage stakeholders with similar interests? Then, this section is for you.

**News** is the section developed to promote other current activities, such as the main outputs from a project in development or the final conclusions of a finalized one. Sources from other news outlets of relevance may also be posted here, with all the links directing to the original posts.

### 4. Are the IN-4-AHA/Futurium action groups restricted to the EIP-AHA community?

No. Members from other networks in the field of Active and Healthy Ageing/Living are welcome to join. Individuals with no other affiliations can also join – an action group membership is a gateway to improve whatever type of work your organization might be developing.

### 5. I used to be a part of the former EIP-AHA action groups. How can our community and work methods be transferred to Futurium?

Whatever methods of communication and joint work methods the community has developed over the years, can still be informally maintained. The EIP-AHA community was and *is* about its members and their shared knowledge and relationships. That remains unchanged. But neither Futurium, the European Commission nor the IN-4-AHA consortium will impose any type of structure or agenda: no regular meetings, action plans or commitments. Those might still make sense to guide the work among those members who still work together on a regular basis, but the maintenance of such structures is their own responsibility. Nevertheless, the main outputs from



those projects can be highly advised to be posted in futurium, that will serve as a living database for knowledge in AHA.

**6. How many action groups/Forums can I join?**

All of them. It is only expected that you post your contributions in the appropriate subforum.

**7. What will be the role of the IN-4-AHA consortium?**

Promotion and animation. No oversight of the structure, format or quality of the works will be done. Plus, no deadlines or planning will be imposed. Members are free to organize their schedule and contributions at their own pace and availability. Our activities – workshops and webinars - will also regularly be posted in Futurium.

